

Syracuse Chargers Records for M5559

high jump	Kevin Donovan	5ft	7/31/2007
indoor heptathlon	Bob Doran	3600	3/3/2013
indoor pentathlon	Ken Moses	2531	3/11/2000
outdoor pentathlon	Tim Collins	2849	8/2/1997
1 mile	Bob Milner	5:00.6	1/12/1991
1 mile walk	Bob Nicholson	9:11.9	2/13/2005
10 mile	Ed Stabler	58:34.0	9/9/1984
1000m	Bob Milner	3:06.5	1/23/1993
1000y	Ed Stabler	2:47.0	3/24/1985
100m	Andrew Branch	12.2	8/4/1990
100m	Sam Hall	12.33	6/24/2001
10k road	Howard Rubin	35:30.0	4/21/1984
10k	Howard Rubin	35:50.9	8/18/1984
10k walk	David Talcott	50:36	4/12/2015
110m HH	Bill Townsend	20.98	8/25/1985
1 hour walk	David Talcott	11196m	6/13/2015
1500m	Howard Rubin	4:38.7	9/30/1983
1500m walk	Bill Wiecek	8:32.0	6/5/1997
15k	Howard Rubin	53:24.0	2/1/1985
15k	Ed Stabler	56:46.8	4/11/1986
15k walk	David Talcott	1:16:39	4/12/2015
2 mile	Howard Rubin	10:42.2	7/25/1984
2 hour walk	David Talcott	22172m	6/13/2015
2k	Ed Stabler	6:38.4	1/19/1986
200m	Sam Hall	25.46	5/5/2001
20k walk	David Talcott	1:43:26	4/12/2015
20k	Howard Rubin	1:13:59	12/17/1983
25k	Howard Rubin	1:32:56	10/7/1984
3k	Bob Milner	9:28.7	3/9/1991
3k steeple	Bob Milner	11:45.3	6/23/1990
3k walk	Bill Wiecek	17:19.0	3/23/1997
300m	Fred Schlereth	41.9	1/6/1990
300y	Howard MacMillan	41.0	3/26/1983
30k	Howard Rubin	1:52:42	12/17/1983
400m	Fred Schlereth	57.8	12/15/1989
400m IH	Paul Stelmaszyk	71.97	7/24/1998
45m	Howard MacMillan	6.6	2/17/1985
45m	Gary Geiger	6.69	1/19/2003
5 mile	Sam Graceffo	29:00.0	9/15/1991
5 mile	Sam Graceffo	29:00.0	9/4/1992
500m	Howard MacMillan	1:30.3	2/23/1985
50k track	Sam Graceffo	4:54:59	4/11/1996
50m	Howard MacMillan	7.0	12/17/1983

50m HH	Bill Townsend	9.1	12/22/1985
50y HH	Ed Lukens	8.5	3/29/1980
55m	Gary Geiger	7.2	1/5/2003
55m HH	Bill Townsend	10.2	1/5/1986
55m HH	Bill Townsend	10.2	3/23/1986
5k road	Bob Milner	17:04	10/13/1991
5k	Howard Rubin	17:03.0	9/23/1983
5k walk	David Talcott	25:12	4/12/2015
600m	Howard MacMillan	1:44.3	x/x/1984
60m	Sam Hall	8.14	4/23/2001
60m HH	Bob Doran	11.54	3/3/2013
800m	Howard Rubin	2:18.3	8/12/1983
880y	Howard Rubin	2:34.8	x/x/1984
8k	Howard Rubin	28:19.0	10/22/1983
8k track	Sam Graceffo	29:58.0	1/8/1993
discus 1.5kg	Harry Schwarze	125-0 1/4	7/14/1995
discus 1.6kg	Chuck Yost	108-3	8/4/1990
half marathon	Ed Stabler	1:19:44	6/23/1984
hammer	Gary Crawford	132-4	6/12/2000
javelin	Chuck Yost	108-0	7/9/1984
long jump	Ed Lukens	17-2 1/2	2/10/1979
marathon	Ed Stabler	2:36:42	6/3/1984
pole vault	Peter McGinnis	11-5 1/2	3/13/2010
shot put 16lb	Karl Vienneau	35-11	6/29/2022
shot put 6kg	Karl Vienneau	43-11 1/2	6/20/2021
triple jump	Ed Lukens	34-3 1/4	3/29/1980
weight throw 25lb	Patrick Lynn	43-9 1/2	1/15/2006
weight throw 56lb	Norm Deep	6.71m	8/8/2022
weight throw 98lb	Norm Deep	10-6	7/20/2022
weight throw 200lb	Norm Deep	4-8	7/20/2022
throws pentathlon	Norm Deep	2828 pts	8/9/2022

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