

## Syracuse Chargers Records for M2024

high jump	Kym Orr	7-2 1/4	1/18/1987
indoor pentathlon	Michael Roux	3146	1/22/1995
1 hour walk	David Talcott	7mi 1017yd	11/21/1982
1 mile	Nick Stenuf	4:03.1	1/30/2010
1 mile walk	David Talcott	6:46.3	2/5/1984
10 mile walk	David Talcott	1:18:03	4/24/1983
10 mile	Mike McMaster	49:45.0	3/31/1985
1000m	Nicholas Guarino	2:20.3	2/1/2013
100m	Sean Bernstein	10.45	7/24/2013
100y	Robert Vaughn	9.5	7/12/1980
10k road	Tom Dalton	29:29.0	6/14/1981
10k	Tom Dalton	29:20.6	5/28/1981
10k walk road	David Talcott	46:59.0	4/2/1983
10k walk	David Talcott	49:22.0	11/21/1982
110m HH	Ron Andrews	13.71	6/12/2004
1500m	Bruce Fisher	3:40.0	6/x/1972
1500m walk	David Talcott	6:23.4	3/13/1983
15k	Jerry Lawson	44:50.0	3/9/1989
15k walk road	David Talcott	1:12:40	7/15/1984
15k walk	David Talcott	1:17:02.0	11/1/1982
2 hour walk	David Talcott	14mi 1412yd	11/21/1982
2 mile walk	David Talcott	14:47.0	4-83
2 mile	Tom Dalton	8:43.7	2/6/1983
2k	Jerry Jurick	5:22.6	2/2/1985
200m	Sean Bernstein	21.31	7/25/2013
20k	Bill Fisher	1:03:50	8/3/1980
20k walk road	David Talcott	1:37:55	6/16/1984
220y	Bill Doran	24.2	6/24/1979
25k	Skip Meno	1:23:32	9/6/1970
25k walk road	David Talcott	2:11:45	5/1/1983
2k walk	David Talcott	9:16.5	2/2/1985
3k	Tom Dalton	8:07.6	1/9/1983
3k steeple	Josh Guarino	9:09.7	4/26/2012
3k walk	David Talcott	13:42.0	2/5/1984
300m	Nigel Shepard	36.7	2/27/1983
300m	Nigel Shepard	36.7	3/18/1984
300m IH	Ric Bond	46.4	8/8/1978
300y	Ric Bond	35.9	12/30/1978
30k	Bill Fisher	1:36:42	3/23/1980
30k walk road	David Talcott	2:45:35	10/24/1982
35k walk	David Talcott	3:16:13	9/26/1982
400m	Lubert Lewis	47.25	6/2/2001
400m IH	Wayne Jones	52.8	8/10/1985

40k walk	David Talcott	3:49:56	9/26/1982
40y	Henry Smith	4.8	8/25/1973
40y	Dave Levitt	4.8	3/18/1978
440y	Tom Stoyan	51.2	7/20/1971
440y IH	Charles Latham	59.5	6/24/1979
45m	Ray Panek Jr.	5.67	3/10/1996
5 mile walk road	David Talcott	37:55	4/2/1983
5 mile walk	David Talcott	41:42.0	11/21/1982
5 mile	Neil Rosenblad	23:56	1/1/1984
500m	Lubert Lewis	1:03.1	1/28/2001
50k walk	David Talcott	5:54:25	7/17/1983
50m	Nigel Shepherd	5.9	3/25/1982
50m HH	Keith Norwood	6.8	3/15/1986
55m	Michael Roux	6.6	1/22/1994
55m	Scott Rowe	6.6	1/18/1997
55m HH	Ron Andrews	7.34	2/14/2004
5k road	Mike Melfi	14:40	5/14/2000
5k	Tom Dalton	14:11.2	4/11/1981
5k walk road	David Talcott	23:10	4/2/1983
5k walk	David Talcott	23:37.9	7/24/1982
600m	Nick Stenuf	1:20.1	1/9/2009
600y	Phil Rougeux	1:12.9	1/20/1985
60m HH	Ron Andrews	7.86	2/3/2004
60m HH	Ron Andrews	7.7	2/15/2004
60y	Frank St. Dennis	6.4	12/30/1978
800m	Lubert Lewis	1:46.7	7/4/2000
880y	Tom Stoyan	2:01.1	7/20/1971
8k	Ron Andrews	23:44	4/6/2002
decathlon	Tim Kane	6830	8/18/1984
discus 1.6kg	Bill Monette	168-4 1/4	8/2/2002
discus 2kg	Bill Monette	155-9	6/17/2002
half marathon	Mike Melfi	1:07:36	9/18/1999
half marathon walk	David Talcott	1:53:26	10/24/1982
hammer	Jesse Doty	198-9 1/4	7/15/2005
javelin	Kevin Richardson	201-3	5/4/1985
long jump	Tim Kane	23-4 1/2	3/15/1986
marathon	Kevin Collins	2:17:37	6/17/1995
marathon walk	David Talcott	4:08:52	10/24/1982
pole vault	Tim Kane	15-7	3/15/1986
shot put 16lb	Rob Golabek	64-5	1/26/2013
triple jump	Maurice Etheridge	50-3	1/19/1986
weight throw 28lb	Tom Miller	80-0	8/25/1970
weight throw 35lb	Tom Miller	63-7	8/14/1970
weight throw 74lb	Tom Miller	30-0	8/10/1970
throws pentathlon	Michael Roux	1827	5/21/1995
weight throw 56lb	Tom Miller	43-11	8/3/1971

28 Aug 2024