

Syracuse Chargers Records for F3034

high jump	Janine Schilly	4ft 10in	4/26/1980
1 mile	Jennifer Patruno	4:47.3	1/25/2003
10 mile	Murphee Hayes-Falls	61:02.0	6/2/2008
1000m	Jennifer Patruno	2:52.3	1/31/2004
1000y	Janine Schilly	2:46.7	3/28/1982
100m	Irene Thompson	12.4	8/2/1987
100m HH	Diane Thompson	15.27	7/27/2000
10k road	Andrea Burke	34:44.0	10/8/1984
10k	Murphee Hayes-Falls	37:16.9	4/24/2008
1500m	Jennifer Patruno	4:26.0	7/6/2002
15k	Andrea Burke	55:08.0	11/11/1984
15k	Patti Ford	1:47:01	3/9/1990
2 mile	Ruth Gais	12:10.0	x/x/1978
2k	Amy Gillenson	7:19.7	2/2/1985
200m	Irene Thompson	26.3	8/2/1987
20k	Andrea Burke	1:17:08	7/x/1984
25k	Patti Ford	1:46:52	5/3/1987
3k road	Carolyn Eich	10:52	4/28/1990
3k	Sascha Scott	9:47.0	12/5/2009
300m	Janine Schilly	43.1	1/24/1982
300y	JoAnn Angotti	39.56	3/29/1987
30k	Karen Stocker-Laquidari	2:07:49	3/24/1986
400m	Janine Schilly	59.3	8/1/1982
400m	Sascha Scott	59.3	6/29/2009
400m IH	Diane Thompson	64.49	7/29/2000
440y	Ruth Gais	68.0	x/x/1978
45m	Irene Thompson	6.2	1/11/1987
5 mile	Carolyn Eich	29:36.0	5/11/1991
50m	Irene Thompson	6.7	3/24/1987
50m	JoAnn Angotti	6.7	2/6/1988
55m	Irene Thompson	7.2	2/x/87
55m	JoAnn Angotti	7.2	1/17/1988
55m HH	Cathy McKeever	10.7	2/4/1990
5k road	Chrissie Morganti	17:23	8/6/1995
5k	Murphee Hayes-Falls	17:17.8	5/10/2008
600m	Janine Schilly	1:46.2	2/11/1984
600y	Janine Schilly	1:28.5	3/27/1982
60m	Irene Thompson	8.24	4/2/1989
60m HH	Cathy McKeever	11.64	4/5/1992
800m	Sascha Scott	9:47.0	12/5/2009
880y	Janine Schilly	2:21.0	6/13/1982
8k	Kristin White	28:19.0	2/10/2000
discus	Kelly Thompson	88-5	8/25/2001

half marathon	Murphee Hayes-Falls	1:21:52	10/12/2008
hammer	Angel Raleigh	70-1 3/4	8/2/2001
javelin	JoAnn Angotti	92-9	6/11/1988
long jump	Irene Thompson	17-3 1/2	3/11/1989
marathon	Chrissie Morganti	2:52:59	12/3/1995
shot put 4kg	Angel Raleigh	29-0	7/28/2001
weight throw 20lb	Kelly Thompson	29-3 3/4	8/25/2002
weight throw 25lb	Kathy Pierce	18-9	5/27/1984

28 Aug 2024