

## Syracuse Chargers Records for F2529

high jump	Sharon Gleasman	5ft 10in	1/20/1985
high jump	Sharon Gleasman	5ft 10in	2/10/1985
outdoor pentathlon	Janine Schilly	2743	4/26/1980
1 mile	Amanda LoPiccolo	4:44.2	4/25/2009
10 mile	Eva Guevara Mora	1:00:53	7/4/1985
1000m	Tonya Dodge	2:55.2	1/27/2002
100m	Sharon Gleasman	13.5	4/21/1984
100m HH	Janine Schilly	18.1	4/28/1979
10k road	Mary Rybinski	35:23.0	5/16/1983
10k	Amanda Laytham	34:46.2	11/11/2007
10k walk road	Laura Feller	52:41.0	6/3/2006
1500m	Amanda LoPiccolo	4:16.5	6/17/2009
1500m walk	Laura Feller	7:32.3	6/20/2005
15k	Amanda LoPiccolo	53:58.6	11/7/2010
15k walk road	Laura Feller	1:22:33	8/20/2006
2 mile	Ruth Gais	12:29.0	1/x/1976
2k	Mary Ann Weibel	6:37.4	1/19/1986
20k	Heather Webster	1:15:14	9/2/2002
20k walk road	Laura Feller	1:50:08	4/9/2006
220y	Andrea Andrews	26.6	6/27/1992
25k	Patti Holtz	1:51:13	5/1/1983
3k road	Betsy Kneale	10:38	4/28/1990
3k steeple	Robyn Ellerbrock	10:33.2	4/21/2012
3k	Amanda LoPiccolo	9:16.1	2/13/2009
3k walk	Linda Oja	23:30	7/24/1982
300m	Janine Schilly	46.2	2/19/1978
30k	Mary Brown	2:11:09	3/20/1983
400m	Andrea Andrews	57.49	7/25/1992
440y	Ruth Gais	65.6	1/x/1977
45m	Cathy McKeever	6.7	2/17/1985
5 mile	Chrissie Morganti	29:11.0	3/17/1990
500m	Deb Springer	1:25.0	2/9/2003
50m	Cathy McKeever	7	2/5/1984
50m HH	Sharon Gleasman	8.5	3/15/1986
55m	Cathy McKeever	7.9	2/11/1984
55m HH	Heidi Szaloch	9.7	12/27/1999
5k road	Amanda LoPiccolo	16:43	8/30/2009
5k	Amanda LoPiccolo	15:52.7	5/30/2009
5k walk road	Laura Feller	26:33.0	7/26/2008
5k walk	Laura Feller	25:56.6	4/29/2006
600m	Carolyn Eich	1:46.0	3/15/1986
800m	Amanda LoPiccolo	2:09.7	5/9/2009
880y	Janine Schilly	2:20.7	1/27/1980

8k	Kristin Schiesswohl	28:19.0	2/10/2000
discus	Peggy DeFuria	59-9	6/17/1979
half marathon	Amanda LoPiccolo	1:17:53	11/20/2011
javelin	Andrea Andrews	116-6	7/25/1992
long jump	Sharon Gleasman	16-7	4/21/1985
marathon	Betsy Kneale	2:47:55	5/10/1992
shot put 4kg	Dorrie Rose	34-6 1/4	3/22/1987
triple jump	Antonnikka Owens	40-8 3/4	2/7/2004

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