

Syracuse Chargers Records for F1213

high jump	Marisa Turner	4ft 6in	7/30/2007
indoor pentathlon	Danielle Lauzze	2081	3/15/1997
outdoor pentathlon	Georgia Deep	1152	7/20/2019
1 mile	Trina Bills	6:07.7	2/11/2006
10 mile	Gretchen Hagenlocher	1:14:45	9/1/1977
1000m	Joanne Rainis	3:17.3	2/4/1979
100m	Shirley Hunter	13.2	7/18/1979
100m HH	Amy Lee	19.6	6/7/2004
100y	Anne Fitzsimmons	12.5	7/1/1977
10k road	Sharyn Gewanter	41:50.0	3/30/1980
1500m	Colleen Eccles	5:06.8	3/16/1996
15k	Andrea Aris	1:05:55	7/11/1993
2 mile	Cathy Rayo	12:30.0	10/21/1973
2k	Chelsea McGuire	9:00.8	3/24/2001
200m	Adrienne Kane	27.6	8/1/1978
200m IH	Kelsey Brown	36.39	7/10/2003
3 mile	Gretchen Hagenlocher	21:04.8	4/1/1978
3k road	Laura Feller	12:45	4/25/1992
3k	Jessica Howe	10:55.9	2/6/2011
300m	Kelly Kuss	47.1	3/15/1997
40y	Colleen Hayes	6.1	1/29/1978
440y	Kristen Hagenlocher	63.6	6/9/1974
5 mile	Sharyn Gewanter	35:18.0	5/4/1980
50m	Jan Bonner	6.8	4/20/1980
50m HH	Georgia Deep	10.4	1/12/2020
55m	Allison Stone	7.8	1/18/1997
55m	Kelly Kuss	7.8	3/15/1997
55m	Kelly Kuss	7.8	12/20/1997
55m HH	Danielle Lauzze	10.8	3/15/1997
5k road	April Andrews	19:53.8	7/4/1987
600m	Shauna Rollinson	1:57.7	2/28/1987
60m	Star Utter	9.31	2/6/2005
60m HH	Georgia Deep	12.89	2/23/2020
80m HH	Georgia Deep	16.9	7/16/2019
880y	Kristen Hagenlocher	2:28.1	6/9/1974
discus	Jenna Deep	80-10	8/12/2018
javelin	Clair Radford	66-7 1/2	6/11/2000
long jump	Juliet Armstrong	16-9	4/20/1980
pole vault	Georgia Deep	7-1	7/27/2019
shot put 6lb	Jenna Deep	30ft 6in	8/9/2018
shot put 4kg	Jenna Deep	25ft 5in	6/24/2018
triple jump	Georgia Deep	26-7.25	2/23/2020
turbo javelin	Georgia Deep	56-2	7/13/2019

weight throw 16lb	Jenna Deep	32ft 7in	8/9/2018
weight throw 20lb	Jenna Deep	27ft 6in	8/12/2018
hammer throw 3kg	Jenna Deep	76ft 9in	8/9/2018
hammer throw 4kg	Jenna Deep	63ft 9in	6/2/2018
hammer throw 4kg	Jenna Deep	71ft 9in	7/19/2018
throws pentathlon	Jenna Deep	1641	8/12/2018

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