

## Syracuse Chargers Records for F7UNDER

high jump	Georgia Deep	2-10 1/2	7/9/2014
1 mile	Lilly Hanlon	7:42.6	1/10/2003
1000m	Lilly Hanlon	4:50.1	2/7/2003
100m	Jenna Lester	15.9	6/18/1996
100y	MaKayla Grobsmith	29.6	8/12/2015
10k road	Samantha Paris	69:04.0	5/4/1985
1500m	Lilly Hanlon	7:08.5	12/8/2002
200m	Rene Stackhouse	35.0	7/18/1979
220y	Amy Broton	41	2/12/1978
300m	Sarah Verdoliva	64.8	7/19/1995
400m	Avasa Campbell	1:26.0	2/7/1993
40y	Tiffany Collins	6.4	7/25/1979
440y	Amy Broton	1:39.0	x/x/x
500m	Stacy Hanmer	2:14.7	2/23/1985
50m	Jenna Lester	8.1	4/13/1996
55m	Avasa Campbell	8.2	2/7/1993
5k road	Nicole Boisey	25:24.0	9/16/1984
600m	Lilly Hanlon	2:34.7	12/8/2002
800m	Lilly Hanlon	3:23.6	12/27/2002
880y	Jenny Matson	3:37.0	2/12/1978
8k	Stacy Hanmer	51:42.0	6/1/1985
long jump	Jenna Lester	11ft	1/13/1996
shot put 2kg	Georgia Deep	11ft 1in	7/12/2014
triathlon	Jenna Deep	138	7/20/2012
turbo javelin	Georgia Deep	25-5	7/12/2014

28 Aug 2024