

**SYRACUSE UNIVERSITY
NOONTIME RUNNING LEAGUE
SUMMER 2026 SCHEDULE**

Date	Day	Event
5/27/26	Wed	3K
6/3/26	Wed	MILE
6/10/26	Wed	800
6/17/26	Wed	400
6/24/26	Wed	5K
7/1/26	Wed	200 POSTPONED TO 7/8
7/8/26	Wed	200 / 4x400 Relay
7/15/26	Wed	100 POSTPONED TO 7/22
7/22/26	Wed	100
7/29/26	Wed	4x800 Relay
8/5/26	Wed	8K
8/12/26	Wed	4x200 Relay
8/19/26	Wed	RUN OF CHOICE
9/6/26	SUN 9AM	5/10K/15K Onondaga Lake Park

FIRST HEAT STARTS PROMPTLY AT NOON EACH WEEK ON THE SKYTOP TRACK.